

FOOTPRINT CENTER MENU



Nutritional Information - U.S.

2,000 calories a day is used for general nutritional advice, but calorie needs vary.

Menu Items	Serving Size (ounces)	Calories	Calories Fat (grams)	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Dietary Fiber (grams)	Sugars (grams)	Proteins (grams)
<b>FRIED RICE BOWLS</b>												
Fried Rice	13.5	660.0	148.5	16.5	3.8	0.0	225.0	855.0	105.0	22.5	1.2	22.5
<b>HIBACHI BOWLS</b>												
Hibachi Steak	17.5	794.3	202.9	22.5	6.4	0.6	315.0	963.1	105.7	22.8	1.2	40.9
Hibachi Shrimp	17.5	775.4	164.5	19.3	4.2	0.0	319.0	1126.1	105.0	22.7	1.4	44.1
Hibachi Chicken	17.5	817.1	202.9	22.5	5.6	0.0	290.0	923.1	105.7	22.9	1.3	47.7
<b>HOMEMADE SAUCE</b>												
Ginger	1.0	10.0	0.0	0.0	0.0	0.0	0.0	750.0	2.0	0.0	0.0	1.0
Yum Yum	1.0	175.0	13.7	18.7	3.0	0.0	81.7	153.3	2.0	0.003	0.5	0.0
<b>SHAREABLES</b>												
Edamame	8.0	265.0	97.9	11.7	1.5	0.0	0.0	581.8	22.9	11.7	4.9	24.5
Pork Gyoza	5	250	110	12	3.5	0	20	990	25	0	7	10
<b>MAKI SUSHI ROLLS</b>												
California Roll	6.8	410	180	20.0	3.5	0.0	20	820	50.0	5.0	12.0	8.0
Spicy Salmon Roll	6.3	300	80	9.0	1.5	0.0	25	690	41.0	3.0	11.0	14.0
Spicy Tuna Roll	6.2	310	80	9.0	1.5	0.0	35	760	44.0	3.0	13.0	14.0
Avocado	7.5	370	180	20.0	3.0	0.0	0	420	42.0	8.0	11.0	5.0
<b>POKE BOWLS</b>												
Spicy Tuna Poke	21.7	897	215	24	3.8	0.0	56.0	2225.0	117.0	8.5	29.1	49.8
Spicy Salmon Poke	21.7	925	290	31	5.5	0.0	62.8	2235.0	117.0	8.5	29.1	39.3
<b>SUSHI BURRITOS</b>												
Spicy Tuna Sushi Burrito	10	379	150	17	2	0	0	2209	62	4	8	11
Spicy Salmon Sushi Burrito	10.0	385	165	19	2.3	0.0	0.0	2215.0	62.2	4.3	7.9	11.2
<b>Menu Items</b>												
<b>BEVERAGES</b>												
Souvenir Refillable Soda	16.0	80-90	0.0	0.0	0.0	0.0	0.0	20-38	20-23	0.0	20-22	0.0
Fountain Soda (Pepsi Products)	16.0	0.0	0.0	0.0	0.0	0.0	0.0	27.5	0.0	0.0	0.0	0.0
Bottled Pure Leaf Tea	16.0	0.0	0.0	0.0	0.0	0.0	0.0	27.5	0.0	0.0	0.0	0.0
Bottled Water (Sweet or Unsweet)	16.0	0.0	0.0	0.0	0.0	0.0	0.0	27.5	0.0	0.0	0.0	0.0
<b>ALCOHOLIC BEVERAGES</b>												
Premium Draft Beer	16.0	195.0	0.0	0.0	0.0	0.0	0.0	0.0	16.1	0.0	0.0	1.2
Domestic Draft Beer	16.0	130.0	0.0	0.0	0.0	0.0	0.0	16.0	3.2	0.0	0.0	1.6
Kirin Ichiban	16.0	130.0	0.0	0.0	0.0	0.0	0.0	16.0	3.2	0.0	0.0	1.6
Benihana Private Label Sake	6.0	170.0	0.0	0.0	0.0	0.0	0.0	0.0	7.2	0.0	7.2	0.0

PHOENIX SUNS ARENA - EVENTS ONLY

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